

MOUNT ST. MARY'S UNIVERSITY

NOVEMBER IS *Hunger Awareness Month* AT THE MOUNT

By Meredith Black, C'07



Sean Adams, the Mount's director of campus activities, will fast for the 100 hours prior to the start of the Mount's annual Hunger Awareness Meal. His fast will raise money for the Thurmont Food Bank and Frederick Soup Kitchen

The Mount will host its annual Hunger Awareness Meal on Tuesday, November 15 at 5 p.m. in the Mount Café. The meal is part of the university's efforts to support Hunger Awareness Month and will demonstrate how the world consumes food in different locations. Students will also be able to donate a meal from their meal plan, with proceeds going to local food kitchens and Catholic Relief Services.

The meal will represent the three major divisions of the world, with students

separated into categories. Students in the first world category will represent 10 percent of the world's population and will receive a full meal, including a salad, main dish and dessert. Students falling into the second world category will represent 25 percent of the world's population and will eat beans, rice and juice. Students in the third world category, representing 65 percent of the world's population, will only be given rice and water.

Fifty students and seminarians participated in the meal last year, with more than 225 students donating a meal from their meal plan. Melissa Main, director of community service, hopes the meal will allow students "to get a better idea of how privileged we are and how we can better help others."

In order to show his support for the meal, Sean Adams, director of campus activities, will fast for the 100 hours prior to the start of the meal. He will subsist only on water and vitamins. Adams plans to raise additional money for the hungry through people who agree to sponsor him. One person has already committed to a dollar per hour. "Knowing the generosity of the Mount, I would not be surprised if I were able to raise over \$5,000 during this program," Adams says.

He expects to be able to work normally during the fast, although he will have to make sure that he gets enough sleep. Adams decided to on a 100 hour fast because "it is a significant fast without being dangerous." He emphasizes that his health will not be at risk during the fast and that he will only feel hungry. He will also prepare for the fast by making sure that he acquires a balance of fats, proteins and carbohydrates.

Adams plans to meditate throughout the fast in order to "stay energized and centered." "The first thing I hope to get from this is a better personal understanding of true hunger," says Adams hoping that by making his fast public, he will inspire people to think about hunger in the world. While he has undertaken different types of fasts in the past, this will be Adams' first public fast under normal working conditions.

For more information about how you can help Adams reach his goal, please contact the office of communications at 301-447-5366.

The Cradle of Bishops

Members of the Mount community, including many seminary priest alumni, recently gathered to dedicate the new Bishop's Garden, a unique memorial created to recognize the 48 bishops that once called the Mount home. The dedication ceremony was held during the seminary's annual Priests' Reunion.

From its earliest years, the Mount has provided the Catholic Church with many of its American leaders.

Mount founder Father John DuBois was named the third Bishop of New York in 1826. Fr. DuBois was succeeded in New York by Father John Hughes, a Mount graduate who became the diocese's first archbishop, and responsible for the building of St. Patrick's Cathedral. Archbishop Hughes' successor, Mount alumnus Archbishop John McCloskey, was named the first native-born cardinal in the United States. Mount alumni served as first bishops of 15 newly formed dioceses, and in all, 32 U.S. dioceses have been led by at least one bishop from the Mount. This level of influence led to the Mount being characterized as the "Cradle of Bishops."

Archbishop Harry J. Flynn, S'60, of Saint Paul and Minneapolis, Bishop William B. Friend, C'59, of Shreveport, Bishop William E. Lori, S'77, of Bridgeport, Bishop Kevin C. Rhoades of Harrisburg and Bishop Paul S. Coakley, S'83, of



Left to right: University President Thomas H. Powell, Bishop Kevin C. Rhoades of Harrisburg and former Rector of Mount St. Mary's Seminary, Msgr. Steven P. Rohlf, current Rector of Mount St. Mary's Seminary, and Phil McClade, Executive Director of Seminary Development and Alumni Relations.

Salina continue the tradition of church leadership. Additionally, Mount priests serve in more than one-third of the nation's dioceses.

The Bishop's Garden offers a permanent way to honor these many bishops and provides the Mount community a serene place for peaceful reflection.

CALENDAR OF EVENTS

Stay up-to-date with Mount events by visiting www.msmary.edu, click on "upcoming events" in the upper right corner. For athletic schedules, stats and player interviews, visit www.mountathletics.com

"Our Town"

Nov 11, 8 p.m.; Nov 12, 8 p.m.; Nov 13, 2 p.m.; Nov 17, 8 p.m.; Nov 18, 8 p.m.; Nov 19, 2 p.m.

Upper Flynn Hall

Tickets are \$5. For more information call 301-447-5308

Cultural Performance by Krakowiaki Polish-American Folk Dance Ensemble

Thursday, November 17; Knott Aud., 7:30 PM

This Baltimore-based group is a non-profit performing group dedicated to promoting Polish culture through song and dance. Krakowiaki Polish Folk Dancers extensive repertoire includes dances and songs from diverse regions performed in a colorful array of authentic costumes, music and choreography.

ADMISSIONS EVENTS

Fall Open House and Day in the Life

November 6, 2005

Day in the Life

November 7, 2005

Discovery Day (day visit only)

November 18, 2005

Call 301-447-5214 for more information.

ATHLETICS

MEN'S BASKETBALL

BINGHAMTON (Liberty Mt. Night)

Mon., Nov. 21, 7 p.m.

LOYOLA (The Catholic Clash)

Sat., Dec. 3, 2 p.m.

FAIRLEIGH DICKINSON

Sat., Dec. 10, 2 p.m.

WOMEN'S BASKETBALL

NAVY

Tue., Nov. 29, 7 p.m.

FAIRLEIGH DICKINSON

Sat., Dec. 10, 7 p.m.

PRINCETON

Wed., Dec. 28, 7 p.m.

Change your world!
The Mount's new *Master of Arts in Liberal Studies* program
Visit our Open House, November 10,
6-7:30 p.m., Frederick Campus
RSVP to 301-447-5374

First class enters January 2006.
Courses offered in Frederick, Md.

